

**WEEKLY RESORT ACTIVITIES 15 – 21 DECEMBER 2022**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7am-8 am	Muladhara Yoga Rp 360.000 Dharma Shanti	Vinyasa Yoga + live music With Lara and Benny Rp 750.000 Dharma Shanti	Vinyasa Yoga + live music With Lara and Benny Rp 750.000 Dharma Shanti	Vinyasa Yoga + live music With Lara and Benny Rp 750.000 Dharma Shanti	Vinyasa Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti	Vinyasa Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti	Vinyasa Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti
8:30am-9:30am	Yin Yoga Rp 360.000 Dharma Shanti	Stroll around and enjoy the calmness of the Resort	Stroll around and enjoy the calmness of the Resort	Stroll around and enjoy the calmness of the Resort	Stroll around and enjoy the calmness of the Resort	Yin Yoga Rp 360.000 Dharma Shanti	Stroll around and enjoy the calmness of the Resort
11am - 12pm	Anti-Gravity Yoga® Rp.700,000 Dharma Shanti	Anti-Gravity Yoga® Rp.700,000 Dharma Shanti	Anti-Gravity Yoga® Rp.700,000 Dharma Shanti	Anti-Gravity Yoga® Rp.700,000 Dharma Shanti	Restorative Hot Stone Yoga Rp. 1.100.000 up to 2 person Dharma Shanti	Anti-Gravity Yoga® Rp.700,000 Dharma Shanti	Anti-Gravity Yoga® Rp.700,000 Dharma Shanti
2pm- 3pm	Enjoying lunch at Ayung Terrace	Sacred Nap Rp.360.000 Dharma Shanti	Sacred Nap Rp.360.000 Dharma Shanti	Sacred Nap Rp.360.000 Dharma Shanti	Sacred Nap Rp.360.000 Dharma Shanti	Enjoying lunch at Ayung Terrace	Enjoying lunch at Ayung Terrace
3:30pm-4:30pm	Soak in the warm Jacuzzi while listening to the sounds of nature	Life Talk Complimentary Dharma Shanti	Burn some calories at the Gym to prepare for tonight's dinner	Life Talk Complimentary Dharma Shanti	Burn some calories at the Gym to prepare for tonight's dinner	Visit the steam and sauna before a spa ritual to maximize the benefits	Visit the steam and sauna before a spa ritual to maximize the benefits
5pm - 6pm	Easy Yoga Complimentary Dharma Shanti	Restorative Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti	Restorative Yoga + live music with Lara and Benny Rp. 750.000 Dharma Shanti	Restorative Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti	Restorative Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti	Restorative Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti	Restorative Yoga + live music With Lara and Benny Rp. 750.000 Dharma Shanti
6:30pm-7.15pm	Enjoying selection of our cocktails at our Jatibar	Balinese Dance Performance Complimentary Lobby	Enjoying selection of our cocktails at our Jatibar	Balinese Dance Performance Complimentary Lobby	Enjoying selection of our cocktails at our Jatibar	Enjoying selection of our cocktails at our Jatibar	Balinese Dance Performance Complimentary Lobby
7.30pm - 10pm	Chef's Table Dinner Authentic Balinese Cuisine Rp. 2.100.000+//pax Sokasi	Nusantara Night Indonesian Buffet Dinner Rp. 895.000+//pax Ayung Terrace	Chef's Table Dinner Authentic Balinese Cuisine Rp. 2.100.000+//pax Sokasi	BBQ by The River Semi-Buffer Dinner Rp. 995.000+//pax Riverside	Chef's Table Dinner Authentic Balinese Cuisine Rp. 2.100.000+//pax Sokasi	Exclusive private dinner under the stars at the Lotus Pond or on the Bridge Over Sacred Water	Exclusive private dinner under the stars at the Lotus Pond or on the Bridge Over Sacred Water

Advance reservations are required for all activities. Above prices are subject to 10% service charge and 11% government tax. Please refer to the Resort Experience Booklet or see the concierge for details. Every full moon, there is additional Full Moon Yoga at 7.30pm- 8.30pm at IDR 360.000 per person at Dharma Shanti River Terrace (weather permitting).

Orange Colored activities are the Concierge's recommendations. These Activities are available daily on request (based on availability and charges may apply). Please refer to the Resort Experience Booklet for details.